

**Laura Jakul, Ph.D., C. Psych.
Registered Psychologist**

Telephone: 204-989-2277 | Email: laura@fps-ea.com

Curriculum Vitae

EDUCATION

- 2011 Doctor of Philosophy, Department of Psychology
Clinical Psychology
University of Manitoba
- 2010 Clinical Residency, Departments of Clinical Psychology and Law & Psychiatry
Yale University School of Medicine
- 2005 Master of Arts, Department of Psychology
Clinical Psychology
University of Manitoba
- 2002 Bachelor of Arts (Honours), Departments of Psychology and English
University of Winnipeg
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CLINICAL PRACTICE

- 2013 - Present** **Clinical and Forensic Psychologist**
Forensic Psychological Services and FPS Psychological Health Services
Ellerby, Kolton, Rothman & Associates
Providing psychological assessment and treatment (individual, group, couple, family) to a broad range of forensic clients, including high-risk/high-need populations; adults and older adolescents (15-18) who have engaged in violent and sexual offences (sexual offences against children and adults, internet offences); and special populations, such as developmentally delayed and mentally disordered offenders. Consultation and training for adults and older adolescents with sexual, violent, and criminal behaviour problems.
- 2010 to 2013**
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2006 to 2009 **Clinical Psychologist Candidate**
Forensic Psychological Services and FPS Psychological Health Services
Ellerby, Kolton, Rothman & Associates
- 2010 to 2012** **Clinical Psychologist Candidate**
Department of Clinical Health Psychology
The Grace General Hospital
Providing assessment and treatment for adults with major mental health problems (e.g., depression, anxiety) and personality disorders.
- 2009 to 2010** **Predoctoral Fellow**
Forensic Drug Diversion Program, Department of Law & Psychiatry, and the Connecticut Mental Health Centre
Yale University School of Medicine
Providing psychological and substance abuse treatment for individuals being diverted from the criminal justice system; substance abuse assessments in capital murder cases; group

treatment for violent female offenders with co-occurring substance abuse disorders; individual and group treatment with adults with severe mental illness (schizophrenia, bipolar disorder, depression).

2007 to 2008

Therapist

Assiniboine Psychological Group

Providing individual treatment for adults with major mental health problems.

2005 to 2009

Psychology Associate

Department of Clinical Health Psychology

St. Boniface General Hospital

Psychological assessment of adults (i.e., psychodiagnostic, intellectual, learning disorders, neuropsychological screening evaluations); assessment of children with behavioural and mental health problems (anxiety, learning disorders, obsessive compulsive disorder, Tourette's Syndrome, Attention Deficit Hyperactivity Disorder).

2006 to 2007

Therapist

Canadian Mental Health Association

Co-facilitating treatment groups for adult women with eating disorders.

2006

Clinical Associate

Psychology Department

Stony Mountain Institution

Providing psychological assessment (risk assessments for violent and sexual offending), and treatment (individual counseling, crisis intervention) to a forensic population (violent and sexual offenders, individuals serving life sentences, offenders with mental illness).

2003 to 2005

Therapist

Psychological Services Centre

University of Manitoba

Providing assessment and treatment for adults with major mental health problems.

RESEARCH & PROFESSIONAL EXPERIENCE

2001 to 2005

Research Assistant

Anxiety Disorders Research Clinic

St. Boniface Hospital

2003 to 2004

Research Assistant

Department of Clinical Health Psychology

Health Sciences Center

2002

Research Assistant

English Department

University of Winnipeg

2002	Psychological Testing Assistant Coaching for Confidence: Evaluation of a community-based prevention program for the parents of anxious Kindergarten-age children
2001 to 2002	Lab Instructor Intermediate Research Methods & Statistics University of Winnipeg
2000 to 2002	Marker Intermediate Research Methods, Statistics Attention & Memory University of Winnipeg
2000 to 2002	Marker and Lab Instructor Data Analysis & Research Methods University of Winnipeg

PUBLICATIONS

- Jakul, L.**, & Walling, B. (in press). Women Working In Criminal Justice: A Guidebook For Navigating Gender-Related Challenges. Brandon, VT: Safer Society Press.
- Jakul, L.**, & Walling, B. (2015). Female therapists working with sex offenders. In B. K. Schwartz (Ed.), *The Sex Offender, Vol. VIII*. Kingston, NJ: Civic Research Institute, Inc.
- Jakul, L.**, & Baranoski, M. (2010). Upward departure in federal sentencing based on mental illness. *Journal of the American Academy of Psychiatry and the Law, Legal Digest, 38*, 124-126.
- Graff, L.A., Walker, J.R., Lix, L., Clara, I., Rawsthorne, P., Rogala, L., Miller, N. **Jakul, L.**, McPhail, C., Ediger, J., & Bernstein, C.N. (2006). The relationship of inflammatory bowel disease type and activity to psychological functioning and quality of life. *Clinical Gastroenterology and Hepatology, 4*, 1491-1501.
- Jakul, L.** (2005). Watch out for eating disorders on campus. University of Manitoba Gradzette, April.
- Lee, S., Walker, J. R., **Jakul, L.**, & Sexton, K. (2004). Does elimination of placebo responders in a placebo run-in increase the treatment effect in randomized clinical trials? A meta-analytic evaluation. *Depression and Anxiety, 19*, 10-19.
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PROFESSIONAL PRESENTATIONS

- Walling, B., & **Jakul, L.**, Females working with male sex offenders: Navigating professional challenges. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, Orlando, FL, November, 2016.

Jakul, L., & Walling, B. Females working with male sex offenders: Effectively managing clinical challenges. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, Montreal, QB, October, 2015.

Walling, B., **Jakul, L.**, & Ellerby, B. Female therapists working with male sex offenders: Effectively Managing clinical challenges to optimize the therapeutic alliance. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference, San Diego, CA, October, 2014.

Walling, B., **Jakul, L.**, & Ellerby, B. Strategies for supporting women and addressing unique clinical challenges. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference in Denver, CO, October, 2012.

Jakul, L., Walling, B., & Ellerby, B. "Go talk to Brenda:" How to support and foster the unique gifts of women in the field of sex offender treatment. Workshop presented at the Association for the Treatment of Sexual Abusers (ATSA) annual conference in Toronto, ON, November, 2011.

Jakul, L., & Vincent N. Effect of anti-obesity media on body image and antifat attitudes. Special Session: The unbearable weight of the "weight:" The role of weight controllability in consumer obesity and obesity stigmatization. Symposium presented at the Society for Consumer Psychology (SCP) annual conference, Miami, FL, February, 2006.

Jakul, L. Community Mental Health Initiatives in Winnipeg. Paper presented at the 12th Annual Child and Family Research Symposium, Winnipeg, MB, April 7, 2006.

Jakul, L. & Vincent, N. Does perfectionism contribute to fatigue in a clinical sample of individuals with insomnia? Poster presented at the Association of Behavioral and Cognitive Therapy annual conference (ABCT) Washington D.C., USA, November, 2005.

Vincent, N., Penner, S. & **Jakul, L.** Motivation for behavior change among those with chronic insomnia. Symposium presented at the Association of Behavioral and Cognitive Therapy (ABCT) annual conference, Washington D.C., USA, November, 2005.

Vincent, N., Penner, S. & **Jakul, L.** Are those with secondary insomnia satisfied with Cognitive Behavioral Treatment? Poster presented at the Association of Behavioral and Cognitive Therapy annual conference (ABCT) Washington D.C., November, 2005.

Graff, L.A., Walker, J.R., Lix, L., Clara, I., McPhail, C.M., Ediger, J.P., **Jakul, L.**, Rogala, L. & Bernstein, C.N. Psychometric properties of Canadian Community Health Survey Psychological Functioning Scales evaluated in a population-based clinical cohort. Poster presented at the Canadian Psychological Association annual conference (CPA) Montreal, QC, June, 2004.

Graff, L.A., Walker, J.R., Couch, K., Rogala, L., Rawsthorne, P., **Jakul, L.**, Ediger, J., McPhail, C., & Bernstein C.N. The Manitoba IBD Cohort Project: The interrelationship between disease activity, psychosocial factors, and quality of life. Poster presented at the American Gastroenterology Association annual conference (DDW) New Orleans, LA, May, 2004.

GRANTS & AWARDS

2006 - 2009 Social Sciences and Humanities Research Council, Canadian Graduate Scholarship - Doctorate

2005 - 2009	Duff Roblin Graduate Scholarship
2005 - 2006	University of Manitoba Graduate Fellowship
2005 - 2006	Faculty of Arts Graduate Fellowship (Declined)
2004 - 2005	Social Sciences and Humanities Research Council, Canadian Graduate Scholarship - Master's
2004 - 2005	Duff Roblin Fellowship (Declined)
2003 - 2004	Duff Roblin Fellowship
2002	R.N. Hallstead Memorial Shakespeare Prize
2000 - 2002	Academic Proficiency Scholarship, University of Winnipeg, Student of Highest Distinction
2001	Quinn McNemar Memorial Prize in Psychology
2001	Howard Daniels Memorial Shakespeare Prize
1999 - 2000	Academic Proficiency Scholarship, University of Winnipeg, Student of Distinction
1998 - 1999	Special Entrance Scholarship, University of Winnipeg
1998 - 1999	Special Entrance Scholarship, University of Manitoba (Declined)

CONTINUING EDUCATION

The Pain Paradox: Mindfulness/Compassion-Based Approaches for Complex Trauma. One-day workshop presented by Dr. John Briere. Winnipeg, Manitoba, April, 2017.

Mindfulness-Based Stress Reduction. An eight-week course facilitated by Ms. Dawn MacDonald, the Compassion Project. October – December, 2016.

DBT Skills Part Two: Mindfulness & emotion regulation. One-day workshop presented by Dr. John Wagner. Winnipeg, MB, April, 2015.

Preparing and presenting expert testimony. One-day preconference workshop presented by Mr. Paul Stern, ATSA's 33rd Annual Research and Treatment Conference, October, 2014, San Diego, CA.

Using behavioral and pharmaceutical methods to reduce or block deviant sexual fantasies. One-day preconference workshop presented by Dr. Gene Abel & Dr. Mark Wiegel, ATSA's 32nd Annual Research and Treatment Conference, October, 2013, Chicago, IL.

Personality in DSM-5.0 and beyond (Diagnostic and Statistical Manual of Mental Disorders, 5th Ed). One-day workshop presented by Dr. Robert Krueger, June, 2013, Winnipeg, MB.

Introduction to the assessment and treatment of adolescents who have sexually offended. Half-day preconference workshop presented by Dr. James Worling, ATSA's 31st Annual Research and Treatment Conference, October, 2012, Denver, CO.

Internet facilitated sexual offending: New developments and implications for policy and practice. Half-day preconference workshop presented by Dr. Michael Seto, ATSA's 30th Annual Research and Treatment Conference, November 2, 2011, Toronto, ON.

An integrated treatment response to neglected and traumatized children: The neurosequential model. Two-day workshop presented by Dr. Bruce Perry, March, 2011, Winnipeg, MB.

Locked in, locked out: Experiences of criminalized women. One-day workshop at the Safe and Supported Transition II Women's Conference, Organized by Correctional Service Canada; presented by Dr. Shoshana Pollack, September, 2010, Winnipeg, MB.

Successful treatment of problematic sexual behaviors. One-day workshop presented by Drs. John Paul Fedoroff, John Bradford, William Marshall, & Fabian Saleh, at the American Academy of Psychiatry and the Law (AAPL) annual convention, October, 2009, Baltimore, MD.

Sex offender treatment 101. One-day preconference workshop presented by Mr. Robert McGrath, ATSA's 27th Annual Research and Treatment Conference, October, 2008, Atlanta, GA.

Structural equation modeling. One-day workshop presented by Dr. Gregory Hancock, 2005, Winnipeg, MB.

PROFESSIONAL AFFILIATIONS

2016 to present	Clinical Associate , Clinical Psychology Training Program, Department of Psychology, University of Manitoba
2013 to present	Certified Psychologist (C.Psych) , Registration #398 Psychological Association of Manitoba (PAM)
2011 to 2012	Member , Board of Directors for the Association for the Treatment of Sexual Abusers (ATSA)
2009 to present	Member , Association for the Treatment of Sexual Abusers (ATSA)
2008 to 2013	Certified Psychologist Candidate (C.Psych. Cand.) Psychological Association of Manitoba (PAM)
2005 to present	Member , Manitoba Psychological Society (MPS)
2005 to present	Member , Canadian Psychological Association (CPA)

EXPERT WITNESS APPEARANCES AND CITATIONS

R. v. Dyck (J.E.), Manitoba Provincial Court (2017)